WATER HEAVY BAG



Product Manual

Model: WHB02A-M21

Height: 3.3 ft (~100 cm) Diameter: 12 in (~30 cm)







Starting



Select a free place where you will hang the bag (make sure you have plenty of it). Check there are no sharp objects near the bag. It's extremely shock-resistant, but sharp or pointed objects can cut or puncture it.

This bag needs to be filled with water so, if necessary, cover the floor to protect it

Hanging the Bag



Hang the bag using the D-rings at the ends of the straps, you can use a hook or chain of your choice.

Take into account your height to choose the appropriate length of the chain in case you need one.

Filling the Bag



Some floors are not waterproof. If that were the case, cover your floor to protect it before starting to fill the bag with water.

You can use a 1/2" hose to fill the bag.

- 1. Open the upper lid of the bag and insert the hose
- 2. Open the tap and wait for the bag to get fully filled
- 3. Close the tap and test the density of the bag
- 4. Open the main lid to purge the air
- 5. Close the main lid
- 6. Repeat 1 to 5 until you achieve the desired density
- 7. Remove the hose and put the upper lid on again

Emptying the bag



You can use a small length of hose to empty the bag

- 1. Remove the main lid of the bag and insert the hose
- 2. Insert one end of the hose through the top of the bag all the way to the end and make sure the other end is below the height of the bottom of the bag
- 3. Suction the end of the hose that is not inside the bag until you feel the water start to come out
- 4. If you want the water not to fall to the floor, place the end of the hose where the water comes out in a container, basin or grate.

If you need help or additional information, you can visit our site by scanning the QR code on the cover of this manual. You can also write to us at info@qalucs.com and we will be happy to get in touch.

Recomendations:



If you hang the bag outdoors, cover it after use. Continuous exposure to the sun and rainwater can accelerate the aging of the product.



Do not apply any fabric, canvas or rubber products except those approved by Qalucs.



ENJOY YOUR BAG!



We have designed this bag with dedication and passion, we would really appreciate if you could share your experience with it by leaving a review on Amazon.

We will also be happy to assist you with any help you need with our products. You can write to us at **info@qalucs.com** or using the contact form on our website **www.qalucs.com**.